

Regional Paediatric North East Posture and Movement Study Day

Friday 6th October 2017

9:00 am – 4:30 pm

New Lecture Theatre, Royal Victoria Infirmary, Newcastle upon Tyne

Posture and Movement disorders in children – working in partnership to achieve optimal care

The regional posture and movement service is pleased to offer a one-day course intended to expand and consolidate knowledge of the assessment and the medical/surgical management options of children and young people with spasticity and dystonia.

The course is aimed at consultants, trainees, associate specialists, physiotherapists, occupational therapists, orthotists and other professionals who manage children with posture and movement disorders

Speakers

Dr Anita Devlin, Dr Yasmin de Alwis, Dr Ki Pang, Prof Janet Eyre, Dr Anna Basu,
Dr Robert Forsyth
Amy Tears, Sue Kelly, Helen Rowlands
Pat Clements, Penny Hewart
Janice Pearse
Paul Charlton
Mr Antoine De Gheldere, Mr Will Bliss, Mr Phillip Henman, Ms Brid Crowley

We are charging a nominal fee of £25 for lunch and refreshments

For further details and to book your place please contact Dianne Fenwick. Email:

dianne.fenwick@nuth.nhs.uk Telephone: 0191 2821385

Children's Services, RVI, Clinical Resources Centre, Block 1, Level 2, Queen Victoria Road,
Newcastle upon Tyne, NE1 4LP

PROGRAMME

8.45-9.15 Registration

9.15 – 10.00 Welcome & overview of a complex posture and movement disorder-
Diagnosis, Multi disciplinary management, collaborative working, role of Neurologist.

10.00-12.30 Approaches to management of upper limb

Assessment

Splinting and casting

Goniometry, goal setting, follow up

Update on constraint induced movement therapy

Place of video games in upper limb management

Upper limb surgery

15min tea break incorporated

12.30 -13.15 Lunch

13.15 – 15.45 Approaches to management of lower limb

Ambulatory and non-ambulatory assessment

Video gait assessment of ambulatory children

Goniometry, Splinting, Casting, Physiotherapy

Role of Orthotics

Focal treatment/systemic treatment; goal setting, follow up

Gait lab

Hips and leg lengths

Multilevel surgery, deformity correction

15 min Tea Break incorporated

15.45 – 16.00 Intrathecal Baclofen

16.00 - 16.30 Question and Answer Panel